

Maine Sport

MAYHEM!!

Mountain Bike Race and Running Race

Sunday, May 23, 2010

Course: A fun yet challenging, 3 mile rolling singletrack loop, tight and technical, with bridges and berms, on Maine Sport's trail network. A terrific short course for racers and spectators. It's the season opener for mountain bikers in Maine!

<u>Start Times</u>	<u>Distance</u>	<u>Start Time</u>
Kids Fun Run - Free!	Short Course	9:00
Trail Run Challenge	5K and 10K	9:30
Kids Fun Bike Race – Free! (ages 3-12)	Short Course	10:15
Expert including Junior X, and 1-speeders	4 laps - 10 miles	10:30
Sport and Junior Sport	3 laps – 7.5 miles	10:31
Novice and Junior Novice all Junior Women	2 laps - 5 miles	10:32

Prizes awarded promptly after each event.

Race registration opens at 8am and closes 20 minutes before each events start time.

Prize List: At Least \$700 in Merchandise and Medals

Pre-Register on-line at: mainesporttraces.com until May 15.

Entry Fees: Kids Fun Run and Kids Fun Bike Race are Free!
Bike Race - Pre-registration: \$20, Day of race: \$25, this includes all fees (racers with EFTA license pay \$4 less)
Running Race: \$10
Both Races: \$30 - Be eligible for more prizes and glory!

Location: At Maine Sport, on Route 1, in Rockport, Maine, 1/4 Mile North of Route 90

Information: Maine Sport Bike Shop 207-236-7120 or bikes@mainesport.com

All proceeds to benefit the Mid Coast chapter of the New England Mountain Bike Association