

Maine Sport RunOff

Mountain Bike Race - Sunday, August 1, 2010

Location: Camden Snow Bowl ski area, Camden, Maine

Course: The RunOff is Maine's oldest mountain bike race and is part of EFTA's NECS series. It's a classic race in a beautiful town on the coast of Maine. This year the course will feature the same epic long technical singletrack climb but interspersed with new level "breather" sections. The view from the top of the race course has stunning view of the Ocean. The white-knuckle descent is still designed to test your downhill skills but there's more flow and less braking. The course is 95% singletrack, challenging yet fun. Each lap is 5 miles but don't be fooled, the terrain makes this a challenging full length race. The free kids race is held on much less challenging short course designed to keep the 12 and under crowd happy.

<u>Class and Category</u>	<u>Distance (see above)</u>	<u>Start Time</u>
Free Kids Races (ages 2-12)	Varies	9:15am
Elite, Expert, Junior X, Single Speed	2 long + 2 short laps	10:00
Sport, Junior Sport, Tandem	1 long + 2 short laps	10:05
Novice, Junior Novice, all Junior Women	1 long + 1 short lap	10:10

Awards Ceremony: After the last racer finishes. \$1500 medals, gift certificates and merch.

Registration: Register on-line at www.BikeReg.com

Online registration closes 11pm Thursday July 29th

Day of event registration opens at 8:00 and closes at 9:30

Entry Fees: Pre-registration \$30 - Day of race \$36

Racers must have an EFTA license or purchase a 1-day license - \$4

No fees for Free Kids Race

Directions: Route 1 to Rockport. West on Main Street (at Maine Sport). Straight to end.

Left on Barnestown Road. Left at Camden Snow Bowl ski area.

Contact Info: Bike Shop at Maine Sport: 207-236-7120 or bikes@mainesport.com

