

EFTA RULES OF RACING

(extracts from membership handbook)

5.0 EQUIPMENT REQUIREMENTS

- 5.1 Every rider while on a bicycle, at each event, shall wear a protective, securely fastened helmet standard of the American National Standards Institute (ANSI).
- 5.2 Footgear shall be fully enclosed.
- 5.3 All bicycles shall have at least two brakes that are in good working order.
- 5.4 Bar ends and handlebar extensions shall be plugged and shall not have any sharp or jagged edges.
- 5.5 Eye protection is strongly recommended.

6.0 RACING REGULATIONS

- 6.1 Racers shall complete the entire event, and complete it on the same bicycle upon which the event was begun.
- 6.2 All repairs during the event shall be performed by the individual racer and/or fellow competitors only. No other outside help or assistance is permitted.
- 6.3 All spare parts and tools shall be carried by the participants, while on course. Cannibalizing other bikes or obtaining spare parts from a pit area or the like is not permitted.
- 6.4 Water shall be available to anyone from anyone at any point along the course as long as rider safety is not threatened. The event will provide a neutral water zone for any race exceeding 60 minutes in length. Official water zones must be accessible and publicized before each race.
- 6.5 Racers riding bikes have the right of way over racers walking bikes. When practical, racers walking bikes should stay on the least redeemable section of the course, when being passed. A racer walking or carrying his/her bike can overtake a racer riding as long as they do not interfere with the racer's progress.
- 6.6 Lapped riders must yield to leaders. Leaders should verbalize the command "track" when overtaking another. It is the responsibility of the challenging rider to overtake safely. You must yield to the passing rider on the first command.
- 6.7 In the event two racers are vying for position, the leading racer does not have to yield his/her position to the challenger. However, a racer may not bodily interfere, with the intent to impede another racer's progress. Traditional rules of racing apply; the leading racer owns the track.
- 6.8 Short cutting and/or cutting trail switchbacks shall result in disqualification.
- 6.9 Unsportsmanlike behavior and/or the use of profane language are grounds for warning, relegation, disqualification or recommended membership suspension. The penalty imposed shall be determined by the race official or race director.
- 6.10 All local laws, rules and ordinances shall be observed during the participation in any event.
- 6.11 A racer may be suspended from EFTA for up to two years for damaging or destroying public and/or private property.
- 6.12 Practicing racers may not interfere in any way with racers competing in the event.

7.0 PROTESTS

- 7.1 Protests can be made by any registered race participant and EFTA members. The protest shall file the protest in writing with the race official or the race director in the absence of a race official. The protest period is immediately following the race and up to 15 minutes following the posting of the complete results for his/her class.
- 7.2 An EFTA official (or race director in the absence of an official) will be permitted to make the final decision regarding an occurrence at an event not addressed in the EFTA Handbook. If the race official can not make a suitable decision for a given protest, the Competition Committee will be called to session and their decision will be final.